

## Self-Defeating Habits of Otherwise Brilliant People® Brought to you by a partnership between Thera-Rising and EAC

Through thousands of seemingly insignificant interactions, teams unknowingly create environments that are either cohesive or adversarial. In this program, the specific behaviors, and their far-reaching consequences, become stunningly clear. You will learn why negative assumptions pick up momentum and spread, how to short-circuit destructive disagreement, and eliminate unconscious behaviors that spark power struggles and mistrust. Program participants will be able to:

- Reduce anger, tension and disengagement
- Build teams that endure, even during rapid change
- End destructive disagreement and lingering resentment
- Be hard on the problem, soft on the people
- Open the dialogue with a 96% likelihood of a positive outcome
- Renew energy, camaraderie, and optimism
- Turn blame into shared responsibility
- Reverse power struggles
- Short-circuit the hidden costs of contempt
- Shift the focus off people and personalities to the root causes of workplace tension
- Turn self-righteous indignation into a search for solutions

Contact me to learn how this valuable program can be implemented in your organization.

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In a recent Gallup poll, nearly 70% of employees admitted they are disengaged from work or actively undermining the efforts of others. At a cost, Gallup estimates, of 34¢ on the dollar. Fortunately, organizations can reverse these discouraging trends.